

# Salle Eton Fencing Club

## Covid-19 Rules

To aid the return of Fencing the British Fencing Association has produced a document which has been approved by the government. This document lists what we must do and what is best practise to facilitate our return. Detailed below are the new guidelines that MUST be followed by all who attend our sessions. This includes club officials, fencers and family.

We realise this looks very daunting, but the reality is that we have been doing most of this stuff over the last few months anyway! British Fencing has said they expect to be easing some of these rules from September, but it is all very much dependent on the situation at the time.

1. Social Distancing must be maintained while not fencing. This can be relaxed to 1M+ if fencing however certain actions are not permitted. These actions are close quarter fencing, deliberate corps-a-corps and fleche attacks.
2. Face coverings must always be worn while inside the venue. Mask shields can be used instead of a face mask while fencing. These can be purchased from Leon Paul and attach to the inside of your mask
3. You must have your own hand sanitizer and not share others. This must always be with or close to you.
4. You must bring your own water bottle. Do Not use the venue's water butt or taps.
5. Changing rooms will NOT be open, come ready to fence or wearing clothes, on top of which you can put your kit on or over.
6. Fencers will be put into 'pods' (Bubbles) of 6. You must stay in your pod and in your pod's area, please do not mix with other pods. (You must maintain distancing and comply with all other rules while in your pod.)
7. We are limited on numbers we can accept into the venue at any one time. The rule is every person (coach, parent or fencer etc) should have 9.23sqm average space. This means we can have about 8 people per badminton court. With this limitation in place we ask that parents do not attend/stay in the venue. We will also be limiting spaces per session.
8. You will be asked to book your attendance for each session. This will be done via an app. The app - called 'Club Event' and available in Android and Apple versions - can be downloaded from the Google or Apple Stores [their Website is <https://www.clubevent.co.uk/>]. As part of this booking process you will be asked to check your temperature and confirm you have no symptoms. If we have not received your booking we cannot accept you into the venue. (This is not as onerous as it sounds, it is very quick and easy. Search in the app for Luso International Fencing and

use the password 'Test39' to request access, then create an account and join the next event.)

9. On the ClubEvent booking app there will be 2 time slots. These slots are for entry to the venue and are not separate sessions. Please wait to be let into the venue and maintain social distancing.
10. There will be one way into and one way out of the venue. This will be communicated to you closer to the time.
11. We will be updating our contact lists. Everybody will receive a new registration form. Please fill this in. If we don't have this info (i.e. name, phone, email, address), we cannot accept you into the venue.
12. There is to be no kit sharing. If you use club kit please let us know and we will explain how we plan to move forwards. You will still be able to fence!
13. We encourage everybody to purchase their own mask and glove.
14. Make sure you have a BFA Membership and that it is up to date.
15. You will need to sanitize your hands before and after plugging yourself on and off the spools (4 times in total per bout) and the spool connector will need to be cleaned when you unplug yourself (we will provide wipes for this)
16. No shaking hands after a bout.

## **Summary:**

Keep social distance.

Bring your own sanitizer and keep it with or nearby you.

Bring your own water.

Always wear a mask.

Fill in the registration form. (once)

Book your session (every session)

Turn up on time and ready to fence (no changing facilities)

Wash your hands before and after you touch anything that isn't yours.

Clean any communal equipment (spools) that you touch, and then wash your hands.

Do not share kit.

Do not shake hands.

Stick to your own pod, please do not mix with people outside of your pod.

Parents please drop children off and go (we can only have a set number of people in the venue).

Have fun and get back to training!